

Chennai Storytelling Festival 2019

www.storytellinginstitute.org/CSF2019.html

Festival Director: Dr Eric Miller <eric@storytellinginstitute.org>

Storytelling Workshop, Thurs 7th Feb 2019, 1:30pm-4pm,

"Storytelling for Personal and Professional Success"

Workshop Facilitator: Ms Debjani Bhaduri <debjani_bhaduri@rediffmail.com>

Handout

Workshop Activities:

1

Introduce yourself to your partner by telling her/him your name and an adjective which describes how you are feeling today. As you say the adjective, use your tone of voice and body language to illustrate the adjective.

2

Tell about a character in a movie who also fits this adjective. Tell about the particular scene of the movie's story in which the character fits this adjective.

3

Tell your partner what you are hoping to learn in this Storytelling Workshop.
What aspect of storytelling might you like to learn more about?
What aspect of storytelling might you like to be able to do better?
What aspect of storytelling might be useful for you?

4

Mirroring, first with hands, then with facial expressions.
In each case --
First Partner A leads, and Partner B follows.
Then Partner B leads, and Partner A follows.

5

Compose a story using 3 words.
The Facilitator chooses the 3 words, with suggestions from others.
One word could refer to a personality trait. One word could refer to an object. Etc.

6

Tell about how you discovered and have developed your unique interests, talents, and skills.
Tell about specific incidents and conversations in your experience.

7

Tell about an inspiring experience you have had with a mentor in your chosen field.
Or
Tell about a great innovator, inventor, discoverer, pioneer, etc, in your chosen field.
To the degree possible, tell about specific innovations the innovator has made, and specific incidents in the innovator's life.

8

Imagine that you have been accepted by a Job Interviewer, and that you have settled into your position at the company of your choice. Now imagine and tell about a dream project you (and your team members) would like to work on. This dream project would utilise your skills and offer interesting challenges to you. Please imagine and describe!

9

Failure can be a stepping stone to success. Tell about a failure -- and about learning from the failure and then succeeding. This story could be
A) from your own experience,
B) some events you have heard about someone else experiencing,
C) some events experienced by a character in a movie, or
D) some events made-up in your imagination.

10

Pretend you are 65 years old, and that you have been a great success in your chosen field. From this standpoint, write a letter to your college-age self, giving advice and suggestions regarding how to succeed in life. Seek to include mention of specific (Imaginary) events.