




Indian Institute of Psychodrama

Empowering people to help themselves

in association with



presents



PSYCHODRAMA AND STORY
A Two-Session Online Workshop via Zoom
Saturday 29 & Sunday 30 November 2025 • 6–9 PM India Time
Dr Magdalene Jeyarathnam, Psychodrama trainer and Supervisor
Dr Eric Miller, Folklorist

Featured story: ***The Epic of the Anklet (Silappathikaram)***.

Meet Kannagi, a woman who had the courage to demand justice from a king.
Meet a king who had a conscience.

Exploring a story through Psychodrama:
Bringing ***The Epic of the Anklet (Silappathikaram)*** to Life.

The Epic of the Anklet (Silappathikaram) is the leading story of the Tamil people of south India. Many consider this story to have been an historical event that occurred approximately 1,500 years ago.

The Epic of the Anklet (Silappathikaram) is a very special story. It is called an epic, but the story's heroine, Kannagi, does not go on a military adventure.

The story begins in a bustling seaport city on India's southeast coast and ends in a mountain forest, where Kannagi attains a degree of peace.

Psychodrama helps one learn more about a story, and about ways one relates to and feels about the story. Through Psychodrama we would seek to enact and experience the issues, conflicts, and choices of the characters of the stories, and we would seek to discover related elements in our own lives. In the process we would increase our awareness of various perspectives. We might also gain more empathy and compassion towards, and understanding of, ourselves and those around us.

Archetypal (universally-familiar) characters, relationships, situations, and emotions in the story would be identified and explored.

Working with Epics, Fairytales, and Myths could help one to "recognise the power of archetypal elements outside and inside oneself, and put one's personal experiences into a larger perspective. Understanding the functioning of archetypal characters and situations within oneself is a way of synchronising the beating of one's own heart with the rhythm of the cosmos." (June Singer. *Boundaries of the Soul: The Practice of Jung's Psychology*. NY, Doubleday. 1972. pp. 127-8.)

This Workshop is designed for anyone 18 or over who is interested in Psychology, Drama, and Story.

Trainers:

Dr Magdalene Jeyarathnam is an experienced and dynamic psychodramatist (PhD in Social Work; Director, [Indian Institute of Psychodrama](#)). Magdalene's TED Talk on Psychodrama is [here](#).

Dr Eric Miller would tell and lead discussions about the story (PhD in Folklore, MSc in Psychology; Director, [World Storytelling Institute](#)). [Here](#) is an article he has written about the story.

Fee for the two three-hour sessions: 4,000 Indian rupees. 80 USA dollars.

For additional Info and to Register:

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