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Fairytales & Psychodrama

Discovering the stories within

September 20,21,22 (Wed,Thurs,Fri) - 2023

In Chennai



Facilitators



Eric Miller, Phd - Folklorist
Magdalene Jeyarathnam, MSW, PhdC -
Psychodramatist & Psychodrama trainer

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Indian Institute of Psychodrama presents: A Psychodrama Workshop in Chennai –

"Fairytales & Psychodrama: Discovering the Stories Within".

Dates: 20th Wed, 21st Thurs, 22nd Fri (Sept 2023). Timing: 9:30am-4:30am.

Location: Near Nungambakkam High Road.

This Workshop is designed for anyone 18 or over who is interested in Psychology, Drama, and Story.

Workshop fee: Rs 7,500. (For group bookings, please enquire.)

For additional info, please call 98403 94282.

This Psychodrama Workshop would be led by a wife and husband team:

Magdalene Jeyarathnam (MSW, PhD Candidate; Director, Indian Institute of Psychodrama) is an experienced and dynamic psychodramatist.

Eric Miller (PhD in Folklore, MSc in Psychology; Director, World Storytelling Institute) would tell and lead discussions about the Fairytales.

Workshop Description:

In this Workshop we would work with three fairytales collected by the Grimm brothers in Germany in the early 1800s. Archetypal (universally-familiar) situations, relationships, characters, and emotions in these stories would be identified and explored. Through Psychodrama we would seek to enact and experience the issues, conflicts, and choices of the characters of the stories, and we would seek to discover related elements in our own lives. In the process we would increase our awareness of various perspectives. We would also gain more empathy and compassion towards, and understanding of, ourselves and those around us.

FOR BACKGROUND:

Magdalene's TED Talk on Psychodrama is at <https://www.youtube.com/watch?v=CfDUUjgbTeY>

Eric's notes about Fairytales are at https://storytellinginstitute.org/Notes_about_Fairytales.pdf